

Following the model of a Community Supported Agriculture (CSA) program, a system in which a farm operation is supported by shareholders within the community, individuals are able to make an advance payment of \$395 to receive weekly fresh, locally grown produce packages, feeding 2 to 4 people for 20 weeks (June – October). This also comes with cooking demonstrations, nutrition fact sheets, conversation with the farmers, and so much more.

### Farm to Table Co-op - Food Access in Newark, NJ



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# Farm<sup>TO</sup> Table

## CO-OP

### JUNE - OCTOBER



Receive weekly fresh, locally grown produce packages (a feeding of 2-4) for **20 WEEKS** (June–October)

Through our community gardens we provide access to fresh food for local residents.

**SATURDAYS**  
**1PM–3PM**

**FOR MORE INFORMATION CONTACT:**  
Garden of Hope • ((862) 244-3519 • [info@sasglocal.com](mailto:info@sasglocal.com)

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Creating a Self-Sustaining Community

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# Farm<sup>TO</sup> Table CO-OP Sponsor a Family

**SIGNUP  
TODAY!**

Chose a full membership and a family receives weekly produce packages for **20 weeks (\$395)** or chose a partial sponsorship and a family receives weekly produce packages for **10 weeks (\$200).**

Thanks for helping our gardens provide the community with access to fresh, healthy food.

For more information  
contact  
[info@sasglocal.com](mailto:info@sasglocal.com)  
or (862) 244-3519

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HEALTH

#supportthemovement # TeamSAS #SustainNewark



## DONATE

**As a grassroots organization, we rely heavily on support like yours. Because of you, we're able to demonstrate the need and importance of our work and ensure that more residents have access to fresh, locally grown produce. We will continue being of service and provide the community with relevant information.**

DONATE 

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