



May 8, 2019

Join children and adults around the nation to celebrate the benefits of bicycling and walking.

Bike to School Day is an annual event that promotes bicycling and walking for several reasons:

- Physical activity
- Teaching safe bicycling and pedestrian skills to children
- Awareness of how bikeable & walkable a community is and where improvements can be made
- Concern for the environment
- Reducing traffic congestion, pollution and speed near schools
- Sharing time with community leaders, parents and children

Get started at

walkbiketoschool.org

Your local coordinator:

Central Avenue School PTO



Bike to School Day, coordinated by the National Center for Safe Routes to School, is a part of the League of American Bicyclists' National Bike Month.

