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# Be in the LEAD with LEAD

State law mandates all children be tested for an elevated blood lead level at 1 year of age. It is important for your child to have continued monitoring during early years to protect against unknown exposure.. Ask your pediatrician to test your child's lead level if you believe they have been exposed, or are symptomatic. Call your local Health Department to test household items that may contain lead.



## Did you know that possible lead exposure can be due to:

- Imported toys
- Paint (in homes built before 1978)
- Cooking utensils
- Traditional/religious Cosmetics
- Costume jewelry
- Cooking spices
- Ethnic foods/snacks
- Homeopathic medicine/ Ayurvedics
- Traveling abroad

## Symptoms of possible childhood lead exposure are:

- Language/learning delays
- Hearing loss
- Poor academic performance
- Hyperactivity
- Confusion
- More serious symptoms include brain damage, seizure, and coma

